NMRHCA Age 55+ with Retirement Date on July 31, 2021 or After (Subsidy Level B) Medical Plan Monthly Premium Contributions for July 1, 2024 - December 31, 2024																					
Years of Service	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25+
NON-MEDICARE MEDICAL																					
Premier PPO (BCBS or Presbyterian)																					
Retiree Rate	\$913.27	\$884.56	\$855.86	\$827.15	\$798.44	\$769.73	\$741.02	\$712.32	\$683.61	\$654.90	\$626.19	\$597.48	\$568.77	\$540.07	\$511.36	\$482.65	\$453.94	\$425.23	\$396.53	\$367.82	\$339.11
Spouse Rate	\$988.45	\$971.21	\$953.97	\$936.73	\$919.49	\$902.25	\$885.01	\$867.77	\$850.53	\$833.29	\$816.04	\$798.80	\$781.56	\$764.32	\$747.08	\$729.84	\$712.60	\$695.36	\$678.12	\$660.88	\$643.64
Child Rate	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16	\$329.16
Value HMO (BCBS or Presbyterian)																					
Retiree Rate	\$713.40	\$690.97	\$668.55	\$646.12	\$623.70	\$601.27	\$578.85	\$556.42	\$534.00	\$511.57	\$489.15	\$466.72	\$444.30	\$421.87	\$399.45	\$377.02	\$354.60	\$332.17	\$309.75	\$287.32	\$264.90
Spouse Rate	\$772.07	\$758.61	\$745.14	\$731.68	\$718.21	\$704.74	\$691.28	\$677.81	\$664.34	\$650.88	\$637.41	\$623.95	\$610.48	\$597.01	\$583.55	\$570.08	\$556.61	\$543.15	\$529.68	\$516.22	\$502.75
Child Rate	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68	\$256.68
MEDICARE MEDICAL																					
BCBS Medicare Supplemental Plan																					
Retiree Rate	\$470.13	\$458.67	\$447.20	\$435.73	\$424.27	\$412.80	\$401.33	\$389.87	\$378.40	\$366.93	\$355.47	\$344.00	\$332.53	\$321.07	\$309.60	\$298.13	\$286.67	\$275.20	\$263.73	\$252.27	\$240.80
Spouse Rate Child Rate	\$475.87 \$481.60	\$470.13 \$481.60	\$464.40	\$458.67 \$481.60	\$452.93 \$481.60	\$447.20 \$481.60	\$441.47 \$481.60	\$435.73 \$481.60	\$430.00 \$481.60	\$424.27 \$481.60	\$418.53	\$412.80 \$481.60	\$407.07	\$401.33 \$481.60	\$395.60 \$481.60	\$389.87 \$481.60	\$384.13 \$481.60	\$378.40 \$481.60	\$372.67 \$481.60	\$366.93 \$481.60	\$361.20 \$481.60
BCBS Medicare Advantage I	Φ461.0U	\$461.0U	\$481.60	Φ401.0U	φ4ο1.bU	Φ401.0U	φ401.0U	φ401.0U	Φ401.0U	Φ401.0U	\$481.60	Φ401.0U	\$481.60	Φ401.0U	Φ401.0U	Φ46 T.0U	\$461.0U	Φ401.0U	Φ401.0U	φ40 I.0U	Φ401.0U
Retiree Rate	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Spouse Rate	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Child Rate	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Humana Medicare Advantage I	70.00	75.00	70.00	70.00	75.55	70.00	77.77	70.00	70.00	77.77	70.00	70.00	75.00	77.00	77.77	77.00	77.00	70.00	77.00		1
Retiree Rate	\$61.23	\$59.73	\$58.24	\$56.75	\$55.25	\$53.76	\$52.27	\$50.77	\$49.28	\$47.79	\$46.29	\$44.80	\$43.31	\$41.81	\$40.32	\$38.83	\$37.33	\$35.84	\$34.35	\$32.85	\$31.36
Spouse Rate	\$61.97	\$61.23	\$60.48	\$59.73	\$58.99	\$58.24	\$57.49	\$56.75	\$56.00	\$55.25	\$54.51	\$53.76	\$53.01	\$52.27	\$51.52	\$50.77	\$50.03	\$49.28	\$48.53	\$47.79	\$47.04
Child Rate	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72	\$62.72
Humana Medicare Advantage II																					
Retiree Rate	\$13.30	\$12.97	\$12.65	\$12.32	\$12.00	\$11.67	\$11.35	\$11.03	\$10.70	\$10.38	\$10.05	\$9.73	\$9.40	\$9.08	\$8.76	\$8.43	\$8.11	\$7.78	\$7.46	\$7.13	\$6.81
Spouse Rate	\$13.46	\$13.30	\$13.13	\$12.97	\$12.81	\$12.65	\$12.48	\$12.32	\$12.16	\$12.00	\$11.83	\$11.67	\$11.51	\$11.35	\$11.18	\$11.02	\$10.86	\$10.70	\$10.53	\$10.37	\$10.21
Child Rate	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62	\$13.62
Presbyterian Medicare Advantage I																					<b>.</b>
Retiree Rate	\$182.01	\$177.57	\$173.13	\$168.69	\$164.25	\$159.81	\$155.37	\$150.93	\$146.49	\$142.05	\$137.62	\$133.18	\$128.74	\$124.30	\$119.86	\$115.42	\$110.98	\$106.54	\$102.10	\$97.66	\$93.22
Spouse Rate Child Rate	\$184.23	\$182.01	\$179.79	\$177.57	\$175.35	\$173.13	\$170.91	\$168.69	\$166.47	\$164.25	\$162.04	\$159.82	\$157.60	\$155.38	\$153.16	\$150.94	\$148.72	\$146.50	\$144.28	\$142.06	\$139.84
Presbyterian Medicare Advantage II	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45	\$186.45
Retiree Rate	\$141.74	\$138.29	\$134.83	\$131.37	\$127.91	\$124.46	\$121.00	\$117.54	\$114.09	\$110.63	\$107.17	\$103.71	\$100.26	\$96.80	\$93.34	\$89.89	\$86.43	\$82.97	\$79.51	\$76.06	\$72.60
Spouse Rate	\$141.74	\$130.29	\$134.03	\$131.37	\$136.56	\$124.40	\$133.10	\$117.34	\$114.09	\$127.91	\$107.17	\$103.71	\$100.20	\$121.00	\$119.27	\$117.54	\$115.81	\$114.09	\$112.36	\$110.63	\$108.90
Child Rate	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20	\$145.20
UnitedHealthcare Medicare Advantage I	ψ1 10.20	ψ1 10.20	ψ1 10.20	ψ1 10.20	ψ1 10.20	ψ1 70.20	ψ110.20	ψ110.20	ψ1 10.20	ψ1 10.20	ψ. 10.20	ψ1 70.20	ψ110.20	ψ1 70.20	ψ1 70.20	ψ1 70.20	ψ. 70.20	Ψ1 70.20	ψ110.20	ψ1 10.20	ψ1.10.20
Retiree Rate	\$97.23	\$94.86	\$92.49	\$90.11	\$87.74	\$85.37	\$83.00	\$80.63	\$78.26	\$75.89	\$73.51	\$71.14	\$68.77	\$66.40	\$64.03	\$61.66	\$59.29	\$56.91	\$54.54	\$52.17	\$49.80
Spouse Rate	\$98.41	\$97.23	\$96.04	\$94.86	\$93.67	\$92.49	\$91.30	\$90.11	\$88.93	\$87.74	\$86.56	\$85.37	\$84.19	\$83.00	\$81.81	\$80.63	\$79.44	\$78.26	\$77.07	\$75.89	\$74.70
Child Rate	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60	\$99.60
UnitedHealthcare Medicare Advantage II																					ĺ
Retiree Rate	\$36.70	\$35.81	\$34.91	\$34.02	\$33.12	\$32.23	\$31.33	\$30.44	\$29.54	\$28.65	\$27.75	\$26.86	\$25.96	\$25.07	\$24.17	\$23.28	\$22.38	\$21.49	\$20.59	\$19.70	\$18.80
Spouse Rate	\$37.15	\$36.70	\$36.26	\$35.81	\$35.36	\$34.91	\$34.47	\$34.02	\$33.57	\$33.12	\$32.68	\$32.23	\$31.78	\$31.33	\$30.89	\$30.44	\$29.99	\$29.54	\$29.10	\$28.65	\$28.20
Child Rate	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60	\$37.60
																				Revised	l: May 2024

				Medical Plan	n Rate Calcula	tion Instruction	ons								
1. Select a medical		\$ Retiree													
with your years o	If you are enrolling your spouse or domestic partner, select a medical plan for him/her; enter the rate from the <b>Spouse Rate</b> row that corresponds with your years of service (or, if your spouse/domestic partner is also an NMRHCA-eligible retiree, use the <b>Retiree Rate</b> that corresponds with your spouse's/domestic partner's years of service).														
3. If you are also en	rolling children					Child(ren):	_	+	\$ Child	I(ren)					
4. TOTAL #1, #2, ar	I. TOTAL #1, #2, and #3.														
	TOTAL #1, #2, and #3.  Voluntary Coverage Premiums  Total														
			DENTAL PLA	N Monthly Premi	ium*: Effective la	nuary 1, 2024 to De	cember 31 2024								
	FAMILY														
Delta Dental Basic				\$19.62			.27 for both		\$ 55.91 for all						
Delta Dental Comprel	hensive			\$40.03		\$76	.06 for both		\$114.05 for all						
·			VISION	PLAN Monthly Pr	remium*: Effecti	ve July 1, 2020 to Ju	ne 30, 2024								
Davis Vision				\$ 4.62			.71 for both		\$12.83 for all						
			DEPENDENT	T CHILD LIFE Mont	hly Premium*: Ef	fective July 1, 2019	to June 30, 2027								
The Standard Insurance	се			\$2,500		•	\$5,000		\$10,000						
Dependent Child Life				\$4.13 for all		\$7	.75 for all		\$15.00 for all						
		RETIF	REE/SPOUSE SUPP	PLEMENTAL LIFE M	1onthly Premium*	: Effective Septemb	per 1, 2023 to June	30, 2027							
The Standard	\$2,000	\$4,000	\$6,000	\$8,000	\$10,000	\$15,000**	\$20,000**	\$40,000**	\$46,000**	\$60,000**					
Age 35-39	\$ 0.70	\$ 0.90	\$ 1.09	\$ 1.29	\$ 1.49	\$ 1.99	\$ 2.48	\$ 4.46	\$ 5.05	\$ 6.44					
Age 40-44	\$ 0.82	\$ 1.14	\$ 1.45	\$ 1.77	\$ 2.09	\$ 2.89	\$ 3.68	\$ 6.86	\$ 7.81	\$ 10.04					
Age 45-49	\$ 1.03	\$ 1.57	\$ 2.10	\$ 2.64	\$ 3.17	\$ 4.51	\$ 5.84	\$ 11.18	\$ 12.78	\$ 16.52					
Age 50-54	\$ 1.43	\$ 2.36	\$ 3.29	\$ 4.22	\$ 5.15	\$ 7.48	\$ 9.80	\$ 19.10	\$ 21.89	\$ 28.40					
Δge 55-59	\$ 2.04	\$ 3.58	\$ 5.13	\$ 6.67	\$ 8 21	\$ 12.07	\$ 15 92	\$ 31 34	\$ 35.97	\$ 46.76					

\$ 9.90

\$ 19.78

\$ 30.06

\$ 14.60

\$ 29.42

\$ 44.84

\$ 19.30

\$ 39.06

\$ 59.62

\$ 38.10

\$ 77.62

\$ 118.74

\$ 43.74

\$ 89.19

\$ 136.48

\$ 56.90

\$ 116.18

\$ 177.86

\$ 8.02

\$ 15.92

\$ 24.15

Age 60-64

Age 65-69

Age 70 and over

\$ 2.38

\$ 4.36

\$ 6.41

\$ 4.26

\$ 8.21

\$ 12.32

\$ 6.14

\$ 12.07

\$ 18.24

<sup>\*</sup>This is optional coverage, and the entire cost of coverage is paid by you. The cost of insurance for all coverage's paid by you may increase or decrease in the future based upon the claims experience of participants. All provisions that apply to this coverage are governed by the Certificate. The life plan rates include a \$.50 administration fee.

<sup>\*\*</sup>Evidence of Insurability Statement required to add or increase life insurance. The Change for Additional Life Insurance form can be found at http://www.nmrhca.org/forms.aspx/.