



Well onTarget®

Health Kit | July 2020

Hello!

Here is your Health Kit for July 2020.

Please take a few minutes to distribute all materials via email. Also, be sure to print the poster and display it widely. Your dedication to wellness makes a difference. Thanks for your efforts!

Summer is a great time to get outside and enjoy the sun. This month's Health Kit offers information and tips to help you and your family stay safe and healthy all summer long!

Poster

Stay summer-savvy with the tips in this month's poster.

[Download Poster](#)

Brain Game

Complete this month's word search to find words associated with summer.

[Download Game](#)

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Recipe

No matter the occasion, this fruity tortilla pizza is sure to be a hit!

[Download Recipe](#)

Short Video: Healthy Summer Treats

Take a bite out of summer with this quick video for a few sweet treat ideas..

[Watch Video](#)

Podcast: Myth-Busters

In this month's podcast, we're busting three common myths about sun safety.

[Listen](#)

Additional Information:

[For More Information on Summer Safety](#)

Coming up...

Tune in next month for information on healthy snacks.