



Wellness Incentive Form Instructions (2017)

Fill out the Wellness Incentive form when you have completed your two wellness programs to receive your \$50 Visa gift card. Click on the image or the link to the right to download your form. Or you can click on the link to access the electronic version of the form to complete online. Please note that you still have to provide proof of the programs you completed, even if you filled out the online version.

We can also email you a copy of the completion form. Send your request to NMRHCA.wellness@state.nm.us. Or you can visit our Albuquerque or Santa Fe offices and pick up a form. You may also call us (1-800-233-2576) and ask to have a form sent to you by mail. ***Please note that we no longer accept faxes of the completion form.***

You may email back your completed form to the same email address above, return the form to one of our offices or send the form to: NMRHCA Wellness Incentive, 4308 Carlisle Blvd. NE, Suite 104, Albuquerque, NM 87107.

Other than health assessments, you do not need to be a member any particular health plan to participate in any of the programs.

The program is available to members and spouses/partners enrolled in an NMRHCA medical plan. Dependent children are not eligible to receive the \$50 gift card.