

**NMRHCA Medical Plan Monthly Premium Contributions for January 1, 2019 - December 31, 2019 (applicable if retirement date is after June 30, 2001)**

Years of Service	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20+
<b>NON-MEDICARE MEDICAL</b>																
<b>Premier PPO (BCBS or Presbyterian)</b>																
Retiree Rate	\$695.36	\$666.38	\$637.41	\$608.44	\$579.46	\$550.49	\$521.52	\$492.55	\$463.57	\$434.60	\$405.63	\$376.65	\$347.68	\$318.71	\$289.73	\$260.76
Spouse Rate	\$755.92	\$738.52	\$721.12	\$703.72	\$686.32	\$668.92	\$651.52	\$634.12	\$616.72	\$599.32	\$581.92	\$564.52	\$547.12	\$529.72	\$512.32	\$494.92
Child Rate	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11	\$253.11
<b>Value HMO (BCBS or Presbyterian)</b>																
Retiree Rate	\$543.18	\$520.55	\$497.91	\$475.28	\$452.65	\$430.02	\$407.38	\$384.75	\$362.12	\$339.49	\$316.85	\$294.22	\$271.59	\$248.96	\$226.32	\$203.69
Spouse Rate	\$590.44	\$576.85	\$563.26	\$549.67	\$536.08	\$522.49	\$508.90	\$495.31	\$481.71	\$468.12	\$454.53	\$440.94	\$427.35	\$413.76	\$400.17	\$386.58
Child Rate	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37	\$197.37
<b>MEDICARE MEDICAL</b>																
<b>BCBS Medicare Supplemental Plan</b>																
Retiree Rate	\$410.67	\$397.43	\$384.18	\$370.93	\$357.68	\$344.44	\$331.19	\$317.94	\$304.69	\$291.45	\$278.20	\$264.95	\$251.70	\$238.46	\$225.21	\$211.96
Spouse Rate	\$417.30	\$410.67	\$404.05	\$397.43	\$390.80	\$384.18	\$377.55	\$370.93	\$364.31	\$357.68	\$351.06	\$344.44	\$337.81	\$331.19	\$324.56	\$317.94
Child Rate	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92	\$423.92
<b>BCBS Medicare Advantage I</b>																
Retiree Rate	\$128.07	\$123.94	\$119.81	\$115.68	\$111.54	\$107.41	\$103.28	\$99.15	\$95.02	\$90.89	\$86.76	\$82.63	\$78.49	\$74.36	\$70.23	\$66.10
Spouse Rate	\$130.13	\$128.07	\$126.00	\$123.94	\$121.87	\$119.81	\$117.74	\$115.68	\$113.61	\$111.54	\$109.48	\$107.41	\$105.35	\$103.28	\$101.22	\$99.15
Child Rate	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20	\$132.20
<b>BCBS Medicare Advantage II</b>																
Retiree Rate	\$42.92	\$41.53	\$40.15	\$38.76	\$37.38	\$35.99	\$34.61	\$33.23	\$31.84	\$30.46	\$29.07	\$27.69	\$26.30	\$24.92	\$23.53	\$22.15
Spouse Rate	\$43.61	\$42.92	\$42.22	\$41.53	\$40.84	\$40.15	\$39.45	\$38.76	\$38.07	\$37.38	\$36.68	\$35.99	\$35.30	\$34.61	\$33.91	\$33.22
Child Rate	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30	\$44.30
<b>Humana Medicare Advantage I</b>																
Retiree Rate	\$129.47	\$125.30	\$121.12	\$116.94	\$112.77	\$108.59	\$104.41	\$100.24	\$96.06	\$91.88	\$87.70	\$83.53	\$79.35	\$75.17	\$71.00	\$66.82
Spouse Rate	\$131.56	\$129.47	\$127.39	\$125.30	\$123.21	\$121.12	\$119.03	\$116.95	\$114.86	\$112.77	\$110.68	\$108.59	\$106.50	\$104.42	\$102.33	\$100.24
Child Rate	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65	\$133.65
<b>Humana Medicare Advantage II</b>																
Retiree Rate	\$66.02	\$63.89	\$61.76	\$59.63	\$57.50	\$55.37	\$53.24	\$51.11	\$48.98	\$46.85	\$44.72	\$42.59	\$40.46	\$38.33	\$36.20	\$34.07
Spouse Rate	\$67.09	\$66.02	\$64.96	\$63.89	\$62.83	\$61.76	\$60.70	\$59.63	\$58.57	\$57.50	\$56.44	\$55.37	\$54.31	\$53.24	\$52.18	\$51.11
Child Rate	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15	\$68.15
<b>Presbyterian Medicare Advantage I</b>																
Retiree Rate	\$183.09	\$177.19	\$171.28	\$165.38	\$159.47	\$153.56	\$147.66	\$141.75	\$135.84	\$129.94	\$124.03	\$118.13	\$112.22	\$106.31	\$100.41	\$94.50
Spouse Rate	\$186.05	\$183.09	\$180.14	\$177.19	\$174.23	\$171.28	\$168.33	\$165.38	\$162.42	\$159.47	\$156.52	\$153.56	\$150.61	\$147.66	\$144.70	\$141.75
Child Rate	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00	\$189.00
<b>Presbyterian Medicare Advantage II</b>																
Retiree Rate	\$137.56	\$133.13	\$128.69	\$124.25	\$119.81	\$115.38	\$110.94	\$106.50	\$102.06	\$97.63	\$93.19	\$88.75	\$84.31	\$79.88	\$75.44	\$71.00
Spouse Rate	\$139.78	\$137.56	\$135.34	\$133.13	\$130.91	\$128.69	\$126.47	\$124.25	\$122.03	\$119.81	\$117.59	\$115.38	\$113.16	\$110.94	\$108.72	\$106.50
Child Rate	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00	\$142.00
<b>United Healthcare Medicare Advantage I</b>																
Retiree Rate	\$183.45	\$177.53	\$171.62	\$165.70	\$159.78	\$153.86	\$147.94	\$142.03	\$136.11	\$130.19	\$124.27	\$118.35	\$112.43	\$106.52	\$100.60	\$94.68
Spouse Rate	\$186.41	\$183.45	\$180.49	\$177.54	\$174.58	\$171.62	\$168.66	\$165.70	\$162.74	\$159.78	\$156.82	\$153.87	\$150.91	\$147.95	\$144.99	\$142.03
Child Rate	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37	\$189.37
<b>United Healthcare Medicare Advantage II</b>																
Retiree Rate	\$96.21	\$93.10	\$90.00	\$86.90	\$83.79	\$80.69	\$77.58	\$74.48	\$71.38	\$68.27	\$65.17	\$62.07	\$58.96	\$55.86	\$52.75	\$49.65
Spouse Rate	\$97.76	\$96.21	\$94.65	\$93.10	\$91.55	\$90.00	\$88.45	\$86.90	\$85.34	\$83.79	\$82.24	\$80.69	\$79.14	\$77.58	\$76.03	\$74.48
Child Rate	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31	\$99.31

